



# MINDFUL PARENTING: CHALLENGES AND RESOURCES



FREE MEETINGS FOR PARENTS OF CHILDREN 0-6 years old  
at SCUOLA INFANZIA "VILLA LENZI" Mira (Ve)  
5.00pm - 7.00pm

**FRIDAY 17/11 /2023**

"Mine. It's Mine. No! (Children's brains, the 'whims and rules')" - 1 sessions

**FRIDAY 15/12/2023**

"Mine. It's Mine. No! (Children's brains, the 'whims and rules')" - 2 sessions

**FRIDAY 15/03/2024**

"Words grow up with me" - language development and read-alouds"

**FRIDAY 19/04/2024**

"When Your Kid Thinks They're a Food Critic!"

**FRIDAY 10/05/2024**

"Ugh, but I'm not sleepy!"

**Sessions for parents and grandparents, hosted by :**

Dr. A. Di Natale (psychologist and psychotherapist) Dr. P. Cavallucci,  
(Pediatrician) P. Bordin (kindergarten teacher) and Dr. Ornella Micheletto (speech therapist)

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